



# Lewsey Centre Swimming Club

www.lewseycentreswim.org.uk  
lewseycentresc@hotmail.com

1 December 2009

Dear Swimmer,

We have recently reviewed the squad structure and you have been provisionally allocated to a squad group based on your performance in training and at the recent Splash Galas. The squad information is available on the website with the allocations in the members area. In order to help the coaching team know whether you are allocated to the right squad we need to understand your swimming aims and we would like all swimmers to complete the short questionnaire attached in conjunction with their parents/carers to gather this information.

This information will also greatly assist in ensuring that the squad structure in the proposed new club 'Team Luton' caters for all swimmers.

If you have any questions then please speak to any of the current coaching team:

Jane Bowen, Jim Eckett, Garth McKenzie, Natalie Jones, Lauren Swinnerton, Emily Shotter

Questions can also be emailed to [lewseycentresc@hotmail.com](mailto:lewseycentresc@hotmail.com)

Please complete and return the attached questionnaire by Thursday 17 December at the latest.

Kind Regards

Jane Bowen

Head Coach





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Name:	
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<p>What are your swimming aims? (for example: compete at club, county, regional, national or international level, improve fitness, improve technique, have fun, meet new friends)</p>							
<p>What do you like best about swimming?</p>							
<p>What do you like least about swimming?</p>							
<p>How many hours (per week) swimming do you currently do? (please tick)</p>							
1 hour	<input type="checkbox"/>	2 hours	<input type="checkbox"/>	3 hours	<input type="checkbox"/>	4+ hours	<input type="checkbox"/>
<p>How many hours (per week) swimming would you like to do? (please tick)</p>							
1 hour	<input type="checkbox"/>	2 hours	<input type="checkbox"/>	3 hours	<input type="checkbox"/>	4+ hours	<input type="checkbox"/>
<p>If land training was available would you like to attend?</p>						Yes/No	<input type="checkbox"/>





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## Competitions – Please tick all of the options below which apply:

I would like to take part in club competitions (eg: Splash championships)		I like to take part in friendly interclub galas	
I would like to take part in open meets (as selected by the coaches)		I would like to compete at County level (if I achieve the qualifying times)	
I would like to take part in league competitions (eg: Chilterns League)		I would like to compete at Regional/National level (if I achieve the qualifying times)	
I would like to take part in league competitions (eg: Chilterns League)		I would like to represent my school at swimming	
I do not want to take part in any competitions at the moment		I may want to take part in competitions in the future	
<b>Awards &amp; Badges – Please tick if appropriate</b>			
I am currently training for the 'Challenge' awards at the Friday session.		I would like to have the opportunity to gain distance and challenge awards.	
<b>Any other requests/questions for the coaching team?</b>			

