

# Awards 2004

Lewsey Centre Swimming Club has had a very busy year since last October. The club now has over 50 members and is continuing to run 4 sessions a week.

All swimmers have managed to improve their personal bests over the year and the club had 12 swimmers competing in the County Championships. All swimmers performed well with our highest placing being 5th. Holly Myring was 5th in the 9 years 50 metres Breaststroke and Ben Julian was 5th in the 14 years 50m Butterfly.

Once again a big thank you goes to all the volunteer coaches and helpers who make the running of the club possible. This includes Tracy Pearce, Heather King, Garth McKenzie, Jim Eckett, Carol Julian and Tricia & Vernon Foster.

## **Girls & Boys Novice Swimmer Award**

This award is for swimmers who have gained in confidence throughout the year and have shown improvement along with the potential to improve further.

The Girls runner up award goes to a swimmer who has not found swimming as easy as others. Despite this she has continued to try in all sessions that she attends and has shown considerable improvement with the potential to improve further.

The Girls novice swimmer award runner up goes to **KIMBERLEY ABRAHAMS**

The Girls novice swimmer award goes to a swimmer who has consistently attended throughout the year and always shown enthusiasm for whatever the coaches have asked her to do. She now has a good base from which she has the opportunity to develop into a good club swimmer in the coming year.

The Girls novice swimmer award goes to **TYRELL McDERMOTT**

The Boys runner up award goes to a swimmer whose favourite stroke is Breaststroke and has taken time to master the other strokes. He has consistently attended sessions over the past year and swum well in local galas. Continued hard work will see further improvements in the coming year.

The Boys Novice swimmer award runner up goes to **KURTIS McDERMOTT**

The winner of the Boys Novice award goes to a swimmer who used to be very nervous about competing in competitions but has overcome this to put in some good performances. He has taken part in the County Championships achieving personal bests in all events and achieving 8th place in 50 metres Breaststroke in the 9 years age group. We hope the level of improvement continues in the coming year.

The Boys novice swimmer award goes to **JORDAN PAGE**

### **Novice Merit Award**

This award is for the swimmer who has worked hard consistently throughout the year missing very few training sessions demonstrating a commitment to the sport and the club.

The runner up award goes to a swimmer who has an excellent attendance record throughout the year and will always put maximum effort in. This is now starting to reap rewards with personal best times being achieved and consistently coming in the top 3 at galas. She also competed in the County Championships.

The Novice Merit award runner up goes to **KAYLEIGH SHARP**

The winner of this award goes to a swimmer who is very enthusiastic and will always try her best for the coaches. This hard work and commitment was rewarded by achieving one of the clubs highest placings at this years County Championships where she was 5th in the 9 years age group for 50m Breaststroke.

The novice merit award goes to **HOLLY MYRING**

### **Girls & Boys Merit Award**

This award is for those swimmers who have shown a significant improvement on all four strokes in the year.

The runner up of the Girls award only joined the club in March 2003. In this time she has shown commitment and enthusiasm to improve on all four strokes. Personal best times are always being improved and she has been a key member of gala teams throughout the year by winning a number of races and being prepared to take on any event. Keep up the good work.

The Girls merit award runner up goes to **LAUREN SWINNERTON**

The winner of the Girls award goes to a swimmer who has worked hard to show an improvement on all four strokes during the year. She has also represented the club at the 2004 County Championships where a personal best was achieved in all 4 events entered. We hope this progress can continue into 2005.

The Girls merit award goes to **CHANNELLE FENSOME**

The runner up for the Boys merit award goes to a swimmer who is prepared to give any event a go in galas and try his best at all times. His personal best times improve significantly each time he swims.

The Boys Merit award runner up goes to **RYAN McDERMOTT**

The winner of the Boys award goes to a swimmer who has improved on all four strokes and always works hard in training. In galas he often swims a number of events, which are not always on his favourite stroke and always puts in a good performance. He is one of our youngest swimmers and shows good potential for the future which has been demonstrated by achieving qualifying times for next years County Championships in at least 6 events.

The Boys Merit award goes to **DAVID SWINNERTON**

### **Club Girl & Club boy of the year**

Again this award is for those swimmers who have consistently worked hard throughout the year and in addition are a role model for other swimmers in the club.

### **Club Girl**

The runner up award for this goes to a swimmer who regularly attends training and always does exactly what is asked without any complaining therefore setting a good example to other members of the club. In addition you will always get a good performance from her in galas.

The Club Girl of the year runner up award goes to **JOANNE MAKIN**

The winner of the award is a swimmer who has now been with the club for a couple of years. Over this time she has developed into a very competent swimmer that is supported by being prepared to give any event a go at a gala and then surprise herself by doing well. Once again her hard work in training has seen significant improvements in her personal bests. We hope this continues in the coming year.

The Club Girl of the year award goes to **STEPHANIE FENSOME**

### **Club Boy**

The runner up of this award goes to a swimmer who can be quite quiet and sometimes to reluctant to show his full potential. Over recent months he has gained more confidence and has been a key part of the gala teams producing a number of good performances.

The club boy of the year runner up award goes to **NICK LANE**

The winner of this award goes to one of the longest serving members of the club. He has now been at the club for 4 years and in this time has developed into a strong swimmer. The increase from 1 session a week to 2 or 3 in the last year has led to significant improvements in personal bests.

The club boy of the year award goes to **LEE MURPHY**

### **Club Member of the year**

This award is for the swimmer who has contributed most to the club in the year. This includes the encouragement of others at training sessions and galas. In addition they have attended sessions throughout the year.

The runner up award goes to a swimmer who has been a member of the club for 4 years now. In this time the person has consistently attended training sessions and worked hard in those sessions demonstrating to others the commitment that is required. This person is also a very reliable member of the gala team and consistently turns out good performances in whatever event is being swum.

The club member of the year runner up award goes to **BEN JULIAN**

The winner of this award goes to a swimmer who has been a member of the club for a number of years and during this time they have progressed to being in the top lane on club nights and a very reliable member of the gala team. This person always seems to be surprised at his or her own performances. In addition this person has provided encouragement to the younger swimmers in training sessions and at Galas. As a club we were sad to hear that she was moving away from the area and we hope she has continued her swimming.

The club member of the year award goes to **LAURA MITCHELL**

Nominations for overall awards

### **Lee Murphy**

Additional info to that stated above for Club Boy of the year

This person started in their sport when they were 12 and they were one of the quieter members. Over the years this has changed to being one of the role models for their sport. Hard work and determination in training sessions has meant this person has gone from being a small part of the team to one of the key members. Performances have continued to improve with significant personal bests being achieved in recent months. We hope this determination and improvement continues in the coming year. In addition this person is now putting his own knowledge back into the sport by coaching some of the junior members and is looking to gain more experience and qualifications for teaching and coaching swimmers.

### **Laura Mitchell**

Additional info to that stated above for Club Member of the year

This award goes to someone who has consistently worked hard since joining the club and during this time has missed very few training sessions. This person has developed as a swimmer and shown a gradual improvement in performances which have been achieved from the hard work put into training sessions. This is an example for other members of the club to follow and aspire to. Without doubt the strongest performance was achieved when taking part in the Luton Borough Championships at the start of 2004 where this person was totally surprised at what she achieved when she took nearly 10 seconds off her personal best and was in the top 5 in her age group.