



Duncan Goodhew to train your Club!

Swimathon 2010 is offering the opportunity for an ASA swimming club to benefit from a visit and training session from Olympic Gold medallist **Duncan Goodhew**.

Swimathon is the world's biggest fundraising swim involving over 500 pools across the country. The event is held between 16-18 April 2010 and your club members can enter at www.swimathon.org or by calling 0845 36 700 36

Duncan, along with his Olympic medals, will visit the highest Swimathon recruiting ASA swimming club in England. Please encourage your club members to enter Swimathon today!

Your club members can enter a distance challenge event at one of the 500 pools, or enter SimplySwim (swim any distance, at any pool and at any time). Their participation will not only help your club, but any fundraising will help Marie Curie Cancer Care provide free nursing care to cancer patients and those with other terminal illnesses in their own homes.

Participants will be able to select your swimming club in the second stage of the entry which is emailed to all participants following their initial entry. Only fully registered swimmers will count towards this competition.



Duncan Goodhew remains one of our country's most instantly recognisable sportsmen. His many achievements in the pool culminated in a last-gasp Gold in the 100m breaststroke at the 1980 Moscow Olympics. Duncan was awarded an MBE for services to sport in 1981 and is now an author, motivational speaker and, President of Swimathon.

